

Clark County Regional Support Network Policy Statement

Policy No.: CM28
Policy Title: Crisis Plans
Effective Date: January 1, 2003

Policy: High risk consumers shall have a written crisis plan that is available to treatment providers and the Clark County Crisis Team in the event of a mental health crisis. Crisis plans shall reflect consumer voice and include input from relevant family and/or caregivers as well as other involved service organizations.

Reference: WAC 388-865, RCW 70.02.050, Washington Mental Health Division RSN Contract, Clark County Department of Community Services Privacy Policies and Procedures, Clark County Department of Community Services Management Information System Policies and Procedures (Crisis Plan Form, RSN Data Dictionary- Special Access Needs, Crisis Plans)

Procedure:

1. Providers shall develop written crisis plans with consumers who meet the definition of high risk at intake, the 180 day treatment plan review, and as clinically necessary. High risk is defined as follows:

Children

- a. Service recipient been involved with Juvenile Justice System in the last 6 months.
- b. Service recipient been suspended from school in the past 6 months.
- c. Service recipient been homeless or in CPS or Foster Placement in the past 6 months.
- d. Service recipient been in a Psychiatric Hospital in the past 6 months.

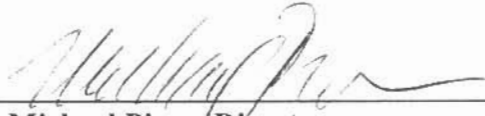
Adults

- a. Service recipient been incarcerated in the last six months.
- b. Service recipient had a psychiatric hospitalization in the past six months.
- c. Service recipient been homeless in the past 6 months.

2. Crisis plans must contain the following elements:
 - a. Natural supports
 - b. Prevention plan
 - c. Red flags
 - d. Recommended intervention
 - e. Historical information in the areas of gravely disabled, threatens harm to others, harm to others, threatens injury to self, injury to self, weapons, hallucinations, delusions, substance abuse, advance directive.

3. Crisis Plans must incorporate the following principles:
 - a. Preventive and progressive measures to prevent or divert a crisis.
 - b. Address the health and safety needs of the consumer and family.
 - c. Written using consumer voice, in a language he or she can understand.
 - d. Include input from family members and/or caregivers for children under age 13, and as desired by adolescents and adults age 13 and above
 - e. Coordinated with other involved service organizations such as schools, housing providers, or the Department of Child and Family Services.
 - f. Include roles and responsibilities for implementing interventions designated in the crisis plan.
4. Providers shall enter the Special Access Needs and Crisis Plan data in the Management Information System. This data shall be entered 14 days after intake.
5. Data shall be gathered and entered per the MIS Policy and Procedures. See the referenced sections below in the MIS P&P:
 - a. Forms-Data Entry: Special Access Needs (Collects high risk data)
Crisis Plan
 - b. Data Dictionary: Special Access Needs Section
Crisis Plan Section
6. The Columbia River Mental Health Services Crisis Team shall search the information system for a crisis plan at every crisis contact, when responding to a mental health crisis, in order to intervene as effectively as possible. They then can view or run a "Crisis Report" which contains the Crisis Plan plus additional client information. When Crisis Plans are not current or are unavailable, the Crisis Team will alert the CCRSN.

Approved By: _____


Michael Piper, Director
Clark County
Department of Community Services

Date: 4-27-2003